Outreach Partners

Northern NJ MAT Center of Excellence

Becky Cocito, LSW, Program Manager Petros Levounis, MD, Medical Director



Northern NJ Medication-Assisted Treatment Center of Excellence

Mission

To increase statewide capacity to provide evidence-based care for patients with SUD, through:

- Mentoring and education;
- Developing novel and innovative models of service delivery
- Building working collaborations
- Research and quality improvement

Vision

To end the stigma of addiction and to ensure that all people with substance use disorders have access to high-quality care so they may live full and satisfied lives.



CARE Center: Comprehensive Addiction Resources & Education Center

- Medications for substance use disorder
- Co-occurring mental health disorder treatment
- Patient navigation
- Counseling
- Connection to community resources
- Incentives
- Assistance obtaining insurance



Outreach Partners Program

Direct Services

- Street Outreach
- Shelter-based activities
- In-home support
- Telemedicine Clinic

Education and Training

- Statewide Learning Community
- Quarterly trainings
- Monthly learning circles
- Hands-on support for shelter staff to develop skills and knowledge around medications for addiction treatment (MAT)



Direct Services Rollout



- Integration of new services into existing team activities
- Street Outreach
 - Hired 4 patient navigators (Community Coordinators)
 - Tabled at community events
 - Reconnected with community partners
- Shelter-Based Activities
 - Developed MOU with the City of Newark
 - Individually reached out to managers at emergency shelters and housing organizations around Newark
 - Began weekly visits to city shelters in April



Direct Services Rollout (cont.)

• In-Home Support

- Reached out to the Division of Family Assistance & Benefits (DFAB) to discuss opportunities. The administrative roadblock has inhibited moving this partnership forward
- Shelter residents were not getting vouchers or referred to permanent housing (limited affordable housing in Newark)

Telehealth Clinic

• Telehealth services are already integrated into our CARE Center. Our providers can conduct telehealth visits as medically appropriate and clinically indicated

Education and Training Rollout

- Statewide Learning Community
 - Hired full-time Training Support Specialist

• Attended/tabled training events with partner organizations and academic

institutions

- Defined "housing stakeholders"
- Quarterly Learning Collaborative Trainings
 - Advertise through COE newsletter, social media, and individualized outreach
 - Topics include patient engagement, staff self-care, structural competency, community partner appreciation



Education and Training Rollout

- Monthly MOUD Learning Circles
 - Worked with the clinical team to connect with Essex/Newark-based housing organizations
 - Met with shelter managers in person or virtually to discuss the needs of each facility
- Hands-on support for shelters
 - Visited and connected with staff at shelters
 - "Meet them where they are"



Select Community Partners

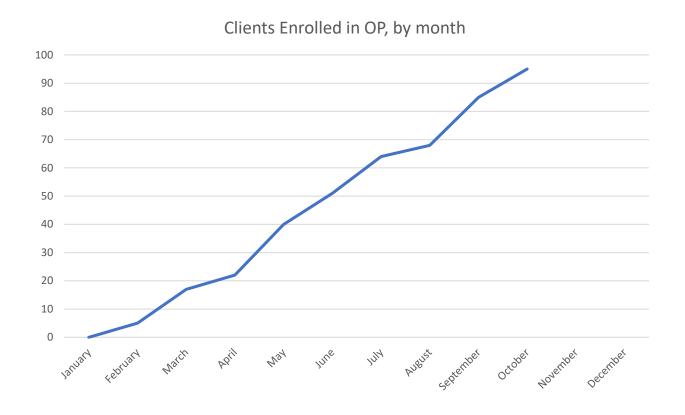
- Better Life Recovery Center (emergency drop-in center)
- Bridges Outreach, Inc. (ID and social services)
- CareWell Health (hospital)
- Center for Great Expectations START Program (housing and SUD treatment, pre/post-natal care)
- City of Newark, Office of Homeless Services
- CURA Treatment Center
- Elev8 (detox/rehab facility)
- Essex County Correctional Facility
- Essex County Division of Community Action,
 Continuum of Care (CoC/CEAS)
- Kintock Newark Community Resource

- Center (reentry services)
- Integrity House, Inc. (OTP)
- New Directions Behavioral Health Center
- Newark Community Solutions (social/legal services)
- Newark Community Street Team (social Services)
- New Bridge Medical Center
- NJCRI: North Jersey Community Research Initiative (drop-in)
- New Jersey HIV Housing Collaborative (supportive and transitional housing)
- Newark Police Department, Hope One
- Patriot First Professional Services: Valor Program (housing and MAT)

- RealFix Paterson (connect to MAT)
- Silver Lake Medical Center
- UBHC Intensive Recovery Treatment Support
- UH Division of Ambulatory Services (Internal Medicine, Infectious Disease)
- UH Division of Community & Population Health (Hospital Violence Intervention Program, Trauma Recovery Center)
- UH Overdose Response Team
- United Community Corporation
- Veritas Recovery Services
- YMCA of Newark (housing)



By the Numbers



Benefits to Rutgers and Northern COE

- Expanded/deepened community partnerships
- Increased funding opportunities
- Increased new patient enrollment in our clinic
- Smoother referral process
- Better experience for our patients
- Rich learning opportunity for medical students
- Added research opportunities

Any Questions?

https://sites.rutgers.edu/mat-coe/



@Rutgers_ADM



@rutgersaddictionmedicine

Petros Levounis

Email: levounpe@njms.rutgers.edu

Becky Cocito

Email: <u>becky.cocito@rutgers.edu</u>

